



City of Kingston Live Well Kingston
Meeting Agenda
Wednesday, August 21, 2019
4:00 PM

LOCATION: CONFERENCE ROOM #1, TOP FLOOR, CITY HALL

APPROVAL OF MINUTES

July Commission Minutes
[1907 July LWK Meeting Minutes.docx](#)

ADMINISTRATIVE MATTERS

New Commissioners Update

OLD BUSINESS

Commission Action Plan
[2019 08 LWK Commission Action Plan with Status Update August.pdf](#)

STRETCH

REPORTS

Heal Well Focus Team Report
[2019 Heal Well Action Plan.pdf](#)

Communications Committee Report

NEW BUSINESS

Review Membership Categories in Bylaws
[Live Well Kingston Commission Rules of Procedure - Final 042018.docx](#)

ANNOUNCEMENTS AND COMMUNICATIONS

FOCUS TEAM MEETINGS AND OTHER EVENTS -

Age Well - Next meeting to be determined
Emily is guiding an O+ Walk, Aug. 22nd, 6pm, Outdated Lite, Downs St.
Play Well, August 9th, noon, City Hall, Conference Room 1
Emily will be on Medical Monday with Gerry on WGHQ
Heal Well, Sept. 6th, noon, City Hall, Conference Room 1
Kingston Point Rail Trail Grand Opening, Sept. 4pm, Jansen Ave. Trailhead
Midtown Make a Difference Day, Sept. 7th, 11-3pm, Franklin St.
Community Baby Shower, Sept. 8th, 1-3pm, at Catholic Charities, hosted by MiSN
Pedestrian & Bicycle Count, Sept. 11, 12, 4-6pm & 14, 12-2pm. I Need volunteers!
Live Well Kingston Commission, Sept. 18th, 4-5:3pm, City Hall

Complete Streets Advisory Council, Sept. 19th, 4-5:30pm, City Hall

Greenline Block Party, Sept. 21st, 4pm, Jansen Ave Trailhead

Travel Well is working on setting up a meeting.